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- **1. PURPOSE:** To describe the One-Day (24-26 h) Standardized Laboratory Protocol for Molecular Subtyping of *Campylobacter jejuni* by Pulsed-field Gel Electrophoresis (PFGE).
- **2. SCOPE:** To provide the PulseNet participants with a standardized procedure for performing PFGE of *Campylobacter jejuni*, thus ensuring inter-laboratory comparability of the generated results.

3. **DEFNITIONS / TERMS:**

3.1. PFGE: Pulsed-field Gel Electrophoresis

3.2. DNA: Deoxyribonucleic acid

3.3. CDC: Centers for Disease Control and Prevention

3.4. CLRW: Clinical Laboratory Reagent Water

4. RESPONSIBILITIES / PROCEDURE:

BIOSAFETY WARNING: Please read all instructions carefully before starting protocol. Treat all plasticware, glassware, pipets, spatulas, etc. that come in contact with the cell suspensions or plugs as contaminated materials and dispose of, or disinfect according to the guidelines of your institution. Disinfect plug molds before they are washed. Contaminated items should be disinfected with 1% Lysol/Amphyll or 90% ethanol for at least 30 minutes if they will be washed and reused.

Day 0

Streak an isolated colony from test cultures onto Trypticase Soy Agar with 5% defibrinated sheep blood (TSA-SB) plates (or comparable non-selective media) for confluent growth. It is recommended that a storage vial of each culture be created. To do this, stab small screw cap tubes of TSA, HIA, or similar medium with the same inoculating loop used to streak the plate. This will ensure that the same colony can be retested if necessary. Incubate cultures at microaerobically 37°C for 14-18 h.

Day 1

- 1. Turn on shaker water bath or incubator (54-55°C), stationary water baths (55-60°C) and spectrophotometer (or equivalent instrument such as the Dade Microscan Turbidity meter or bioMérieux Vitek colorimeter).
- 2. Prepare **TE Buffer** (10 mM Tris:1 mM EDTA, pH 8.0)¹ as follows:

10 ml of 1 M Tris, pH 8.0

2 ml of 0.5 M EDTA, pH 8.0

Dilute to 1000 ml with sterile, Ultrapure Clinical Laboratory Reagent Water (CLRW)

Note: The TE Buffer used to make the plug agarose is also used to wash lysed PFGE plugs.

- 3. Prepare 1% SeaKem Gold agarose in TE Buffer (10 mM Tris:1 mM EDTA, pH 8.0) as follows:
 - a. Weigh 0.50 g (or 0.25 g) SeaKem Gold (SKG) into 250 ml screw-cap flask.
 - b. Add 50.0 ml (or 25.0 ml) TE Buffer; swirl gently to disperse agarose.
 - c. Loosen cap or cover loosely with clear film and microwave for 30 sec; mix gently and repeat for 10 sec intervals until agarose is completely dissolved.
 - Recap flask and return to a 55-60°C water bath and equilibrate the agarose for 15 minutes or until ready to use.

SAFETY WARNING: Use heat-resistant gloves when handling hot flasks after microwaving.

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Additional information is found on page 11 of this document.

²The N-Lauroylsarcosine, Sodium salt can be added directly to the other ingredients and allowed to dissolve. See page 11 of this document.

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Note: SeaKem Gold agarose works well for making PFGE plugs because it provides added strength to the plugs minimizing breakage of plugs during the lysis and washing steps. The time and temperature needed to completely dissolve the agarose is dependent on the specifications of the microwave used, and will have to be determined empirically in each laboratory.

- 4. Label small transparent tubes (12 mm x 75 mm Falcon 2054 tubes or equivalent) with culture numbers.
- 5. Transfer ~2 ml of **phosphate-buffered saline** (0.01 M PBS, pH 7.4) **or** 0.85% NaCl to small labeled tubes (Falcon 2054 tubes). Use sterile polyester-fiber or cotton swab that has been moistened with sterile PBS to remove some of the growth from agar plate; suspend cells in PBS by spinning swab gently so cells will be evenly dispersed and formation of aerosols is minimized.

Note: The minimum volume of the cell suspension needed will depend on size of the cuvettes or tubes used to measure the cell concentration and are dependent on the manufacturer's specifications for the spectrophotometer, turbidity meter, or colorimeter. Keep suspensions on ice if you have more than 6 cultures to process or refrigerate cell suspensions if you cannot adjust their concentration immediately.

- 6. Adjust concentration of cell suspensions to one of the values given below by diluting with sterile PBS or by adding additional cells:
 - a. Spectrophotometer: 610 nm wavelength, absorbance (Optical Density) of 0.680 (0.570 0.820).
 - b. Dade Microscan Turbidity Meter: **0.35 0.45** (measured in Falcon 2054 tubes).

0.52 – **0.64** (measured in Falcon 2057 tubes).

c. bioMérieux Vitek colorimeter: ≈ 20% transmittance (measured in Falcon 2054 tubes)

Note: The values in Steps 6a, 6b and 6c give satisfactory results at CDC; each laboratory may need to establish the optimal concentration needed for satisfactory results.

CASTING PLUGS

Label wells of PFGE plug molds with culture number. When reusable plug molds are used, put strip of tape on lower part of reusable plug mold before labeling wells.

Note: Unused plug agarose can be kept at room temperature and reused 1-2 times. Microwave on low-medium power for 10-15 sec and mix; repeat for 5-10 sec intervals until agarose is completely melted. This agarose melts rapidly!

Note: Proteinase K solutions (20 mg/ml) are available commercially. Alternatively, a stock solution of Proteinase K can be prepared from the powder in sterile Ultrapure water (CLRW). For best results, aliquot 300-500µl into small tubes and store in a freezer (-20 °C) until ready to use. Just before use, thaw appropriate number of vials needed for the samples; keep Proteinase K solutions on ice. If the Proteinase K stock solution was prepared from powder, discard any thawed solution at the end of the work day. Store commercially prepared Proteinase K solutions according to directions provided by the supplier.

- 1. Transfer 400µl (0.4 ml) of adjusted cell suspensions to labeled 1.5ml microcentrifuge tubes.
- 2. Add 20 μ l of Proteinase K (20 mg/ml stock) to each tube and mix gently with pipet tip (200 μ l is needed for 10 cell suspensions).
- 3. Add 400 μl (0.4 ml) melted 1% SeaKem Gold agarose to 400 μl cell suspension and mix gently by pipeting up and down two or three times. **Over-pipeting can cause DNA shearing**. Maintain temperature of melted agarose by keeping flask in beaker of warm water (55-60°C).
- 4. Immediately, dispense part of mixture into appropriate well(s) of disposable plug mold. Do not allow bubbles

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to form. Two plugs of each sample can be made from these amounts of cell suspension and agarose and are useful if repeat testing is required. Allow plugs to solidify at room temperature for 10-15 min. They can also be placed in the refrigerator (4°C) for 5 minutes.

Note: If disposable plug molds are used for making plugs with 1% SeaKem Gold agarose, use 200 μ l cell suspension, 10 μ l of Proteinase K (20 mg/ml stock) and 200 μ l of agarose; up to 4 plugs can be made from these amounts of cell suspension and agarose.

Note: The generation of cell suspension and the subsequent casting of the plugs should be performed as rapidly as possible in order to minimize premature cell lysis. If large numbers of samples are being prepared, it is recommended that they be processed in batches of ~10 samples at a time. Once the first batch of isolates are in the cell lysis incubation, then start preparing the cells suspensions the next group samples, and so on. All batches can be lysed and washed together, since additional lysis time will not affect the initial batches.

LYSIS OF CELLS IN AGAROSE PLUGS

Note: Two plugs (reusable plug molds) or up to four plugs (disposable plug molds) of the same strain can be lysed in the same 50 ml tube.

- 1. Label 50 ml polypropylene screw-cap or 50 ml Oak Ridge tubes with culture numbers.
- 2. Prepare Cell Lysis Buffer (50 mM Tris:50 mM EDTA, pH 8.0 + 1% Sarcosyl) as follows:

25 ml of 1 M Tris, pH 8.0

50 ml of 0.5 M EDTA, pH 8.0

50 ml of 10 % Sarcosyl (N-Lauroylsarcosine, Sodium salt)²

Dilute to 500 ml with sterile Ultrapure water (CLRW)

- 3. Calculate the total volume of **Cell Lysis/Proteinase K Buffer** needed as follows:
 - a. 5 ml **Cell Lysis Buffer** (50 mM Tris:50 mM EDTA, pH 8.0 + 1% Sarcosyl) is needed per tube (e. g., 5 ml x 10 tubes = 50 ml).
 - b. 25 μ l **Proteinase K** stock solution (20 mg/ml) is needed per tube of the cell lysis buffer (e. g., 25 μ l x 10 tubes = 250 μ l).
 - c. Prepare the master mix by measuring the correct volume of Cell Lysis Buffer and Proteinase K into appropriate size test tube or flask and mix well.

Note: The final concentration of Proteinase K in lysis buffer is **0.1 mg/ml** and is different from the concentration that was added to the cell suspension (0.5 mg/ml).

- 4. Add 5 ml of Proteinase K/Cell Lysis Buffer to each labeled 50 ml tube.
- 5. Trim excess agarose from top of plugs with scalpel, razor blade or similar instrument. Open reusable plug mold and transfer plugs from mold with a 6 mm wide spatula to appropriately labeled tube. If disposable plug molds are used, remove white tape from bottom of mold and push out plug(s) into appropriately labeled tube. **Be sure plugs are under buffer and not on side of tube.**

Note: The excess agarose, scalpel, spatula, tape, etc. are contaminated. Dispose of or disinfect them appropriately.

6. **Remove tape from reusable mold.** Place both sections of plug mold, spatulas, and scalpel in 90% ethanol, 1% Lysol/Amphyll or other suitable disinfectant. **Soak them for 15 minutes before washing them.** Discard

²The N-Lauroylsarcosine, Sodium salt can be added directly to the other ingredients and allowed to dissolve. See page 11 of this document.

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disposable plug molds.

- 7. Place tubes in rack and incubate in a 54-55°C shaker water bath for 15-30 min with **constant and vigorous agitation** (175-200 rpm). If lysing in water bath, be sure water level in water bath is **above** level of lysis buffer in tubes.
- 8. Pre-heat enough sterile Ultrapure water (CLRW) to 54-55°C so that plugs can be washed two times with 10-15 ml water (200-250 ml for 10 tubes).

WASHING OF AGAROSE PLUGS AFTER CELL LYSIS

Note: Most laboratories will find that their plugs are sufficiently stable to perform the following washing steps at 54-55°C. However, if you notice that your plugs are nicked along the edges or breaking it will be necessary for your laboratory to lower the water bath or incubator to 50°C for the following washing steps.

1. Remove tubes from water bath and carefully pour off lysis buffer. Plugs can be held in tubes with a screened cap (Bio-Rad) or spatula.

Note: Be sure to remove all of the liquid during this and subsequent wash steps by touching lip of tube onto an absorbent paper towel.

- 2. Add 10-15 ml of sterile Ultrapure water (CLRW) that has been pre-heated to 54-55°C to each tube and shake the tubes vigorously in a 54-55°C water bath or incubator for 10-15 min.
- 3. Pour off water from the plug and repeat wash step with pre-heated water (Step 2) one more time.
 - a. Pre-heat enough sterile **TE Buffer** (10 mM Tris:1 mM EDTA, pH 8.0) in a 54-55°C water bath so that plugs can be washed 4 times with 10-15 ml TE (400-600 ml for 10 tubes) after beginning last water wash.
- 4. Pour off water, add 10-15 ml pre-heated (54-55°C) sterile TE Buffer, and shake the tubes vigorously in 54-55°C incubator or water bath for 10-15 min.
- 5. Pour off TE and repeat wash step with pre-heated TE three more times.
- 6. Decant last wash and add 5-10 ml sterile TE. Continue with step 1 in "Restriction Digestion" section or store plugs in TE Buffer at 4°C until needed. Plugs can be transferred to smaller tubes for storage.

Note: If restriction digestion is to be done the same day, complete Steps 1-3 of next section (Restriction Digestion) during last TE wash step for optimal use of time.

RESTRICTION DIGESTION OF DNA IN AGAROSE PLUGS

Note: A small slice of the plug (not the entire plug) should be digested with the primary restriction enzyme *SmaI* because less enzyme is required and other slices of the plug can be subjected to restriction analysis with other enzymes. *KpnI* is recommended as the secondary enzyme for analysis of *Campylobacter jejuni* isolates. The use of a secondary enzyme is useful in situations where the PFGE patterns obtained with the primary enzyme from two or more isolates are indistinguishable

1. Label 1.5 ml microcentrifuge tubes with culture numbers; label 3 (10-well gel) or 4 (15-well gel) tubes for *Salmonella* ser. Braenderup H9812³ standards.

³ Directions for making and testing PFGE plugs of *Salmonella* ser. Braenderup H9812 are in PNL05.

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a. **Pre-Restriction Incubation Step (highly-recommended)**: Prepare a master mix by diluting the appropriate 10X restriction buffer (Roche Applied Science or equivalent) 1:10 with sterile Ultrapure water (CLRW) according to the following table:

Note: The appropriate restriction buffer will vary between vendors and may differ between enzymes from the same vendor. **Always** use the restriction buffer recommended by the vendor for the particular restriction enzyme.

Reagent	μl/Plug Slice	μl/10 Plug Slices	μl/15 Plug Slices
Sterile Clinical Laboratory Reagent Water (CLRW)	180 μ1	1800 µl	2700 μ1
10X Restriction Buffer	20 μ1	200 μ1	300 µl
Total Volume	200 μ1	2000 μ1	3000 μl

- b. Add 200 µl diluted restriction buffer (1X) to labeled 1.5 ml microcentrifuge tubes.
- c. Carefully remove plug from TE with spatula and place in a sterile disposable Petri dish or on large glass slide.
- d. Cut a 2.0 to 2.5 mm wide slice from each test sample and the appropriate number of *S*. ser. Braenderup H9812 standards with a scalpel (or single edge razor blade, cover slip, etc.) and transfer to tube containing diluted restriction buffer. **Be sure plug slice is under buffer.** Replace rest of plug in original tube that contains 5 ml TE buffer and store at 4°C.

Note: PulseNet recommends that the combs with larger teeth (10 mm wide teeth) be used to cast the gels because computer analysis of the gel lanes is more accurate and less tedious than analysis of gel lanes cast with combs with the smaller teeth (5.5 mm). Using combs with smaller teeth is not advised. The number of slices that can be cut from the plugs will depend on the skill and experience of the operator, integrity of the plug, and whether the slices are cut vertically or horizontally (plugs made in disposable molds).

- e. Incubate sample and control plug slices in water bath or incubator for 5-10 min or at room temperature for 10-15 min.
 - i. Incubate samples to be restricted with SmaI at 25°C
 - ii. Incubate samples to be restricted with KpnI and XbaI at 37°C.
- f. After incubation, remove buffer from plug slice using a pipet fitted with 200-250 µl tip all the way to bottom of tube and aspirate buffer. Be careful not to cut plug slice with pipet tip and that plug slice is not discarded with pipet tip.
- 2. Prepare the restriction enzyme master mix according to the following table. May mix in the same tube that was used for the diluted restriction buffer:

Note: Enzymes may be purchased in several different stock concentrations. The calculations below are based on using an enzyme at a concentration of 40 U/µl. If a different concentration of enzyme is used, make necessary adjustments to the volume of enzyme and water to achieve a final concentration of 40 U/sample.

Note: Keep vial of restriction enzyme on ice or in insulated storage box (-20°C) at all times.

Reagent	μl/Plug Slice	μl/10 Plug Slices	μl/15 Plug Slices
Sterile Clinical Laboratory Reagent Water (CLRW)	177 μΙ	1770 μ1	2655 μl
10X Restriction Buffer	20 μ1	200 μ1	300 μ1
BSA (10mg/ml)	2 μ1	20 μ1	30 μ1
SmaI (40 U/μl)	1 μl	10 μ1	15 µl

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Total Volume	200 ul	2000 ul	3000 ul
Total Volume	200 μ1	2000 μ1	3000 μ1

Reagent	μl/Plug Slice	μl/10 Plug Slices	μl/15 Plug Slices
Sterile Clinical Laboratory Reagent Water (CLRW)	177 μΙ	1770 μ1	2655 μl
10X Restriction Buffer	20 μ1	200 μ1	300 µl
BSA (10mg/ml)	2 μ1	20 μ1	30 μ1
<i>Kpn</i> Ι (40 U/μl)	1 μ1	10 μ1	15 μl
Total Volume	200 μ1	2000 μ1	3000 µl

Note: Addition of Bovine Serum Albumin (BSA; highly recommended): Several restriction enzyme vendors specifically recommend the addition of 1X BSA to enzyme restriction mixtures while others do not. PulseNet Central recommends adding BSA to all enzyme restriction mixtures to minimize the incidence of incomplete restriction.

- 3. Add 200 µl restriction enzyme master mix to each tube. Close tube and mix by tapping gently; **be sure plug** slices are under enzyme mixture.
- 4. Incubate sample and standard (control) plug slices for 2 hours (unless indicated otherwise) in a water bath or incubator at the appropriate temperature for the enzyme.
 - a. Incubate samples restricted with SmaI at 25°C.
 - b. Incubate samples restricted with *Kpn*I (4 6 hours) and *Xba*I at 37°C.
- 5. If plug slices will be loaded into the wells (Option B, page 7), continue with Steps 1-4 of the next section (CASTING AGAROSE GEL) approximately 1 h before restriction digest reaction is finished so the gel can solidify for at least 30 minutes before loading the restricted PFGE plugs.

CASTING AGAROSE GEL

A. Loading Restricted Plug Slices on the Comb:

- 1. Confirm that water bath is equilibrated to 55-60°C.
- 2. Make volume of 0.5X Tris-Borate EDTA Buffer (TBE) that is needed for both the gel and electrophoresis running buffer according to one of the following tables.

5X TBE:

Reagent	Volume in mi	lliliters (ml)
5X TBE	200	220
Clinical Laboratory Reagent Water (CLRW)	1800	1980
Total Volume of 0.5X TBE	2000	2200

10X TBE:

Reagent	Volume in milliliters (ml)

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10X TBE	100	110
Clinical Laboratory Reagent Water (CLRW)	1900	2090
Total Volume of 0.5X TBE	2000	2200

- 3. Make 1% SeaKem Gold (SKG) Agarose in 0.5X TBE as follows:
 - a. Weigh appropriate amount of SKG into 500 ml screw-cap flask.
 - b. Add appropriate amount of 0.5X TBE; swirl gently to disperse agarose.
 - i. Mix 1.0 g agarose with 100 ml 0.5X TBE for 14 cm wide gel form (10wells)
 - ii. Mix 1.5 g agarose with 150 ml 0.5X TBE for 21 cm wide gel form (15 wells)
 - c. Loosen cap or cover loosely with clear film and microwave for 60 sec; mix gently and repeat for 15 sec intervals until agarose is completely dissolved.
 - d. Recap flask and return to 55-60°C water bath and equilibrate the agarose in the water bath for 15 minutes or until ready to use.

SAFETY WARNING: Use heat-resistant gloves when handling hot flasks after microwaving.

Note: Agarose LFTM (Amresco, X174) is the only acceptable alternative to SeaKem Gold, at this time. The time and temperature needed to completely dissolve the agarose is dependent on the specifications of the microwave used and will have to be determined empirically in each laboratory. Similarly, the optimal running time for each agarose will have to be determined empirically in each laboratory.

4. A small volume (2-5 ml) of melted and cooled (50-60°C) 1% SKG agarose may be added to fill wells after plugs are loaded. Prepare as described above. Unused SKG agarose can be kept at room temperature, melted, and reused several times.

Note: Place the gel form on a leveling table and adjust until perfectly leveled. Place the comb holder so the front part (side with small metal screws) and teeth face the bottom of gel frame and the comb teeth touch the gel platform.

- 5. Remove restricted plug slices from water bath. Remove enzyme/buffer mixture and add 200 μl 0.5X TBE. Incubate at room temperature for 5 min.
- 6. Remove plug slices from tubes; put comb on bench top and load plug slices on the bottom edge of the teeth in the following order:
 - a. Load *Salmonella* serotype Branderup H9812 standards in lanes (teeth) 1, 5, 10 (10 well gel) or in lanes 1, 5, 10, 15 (15 well gel).
 - b. Load samples on remaining teeth of the comb and note locations.
- 7. Remove excess buffer with tissue or kimwipe. Allow plug slices to air dry on the comb for 5-10 minutes or seal them to the comb with 1% SKG agarose (55-60°C).
- 8. Position comb in leveled gel form and confirm that the plugs slices are correctly aligned on the bottom of the comb teeth and that the lower edge of the plug slice is flush against the black platform.
- 9. Carefully pour the agarose (cooled to 55-60°C) into the gel form and remove any bubbles or debris.
- 10. Put black gel frame in electrophoresis chamber. Add 2-2.2 L freshly prepared 0.5X TBE. Close cover of unit. The amount of buffer needed depends on whether residual buffer was left in tubing or if unit was flushed with water after the last gel was run.
- 11. Turn on power supply, pump calibrated to a flow rate of 1 liter/minute (setting of \approx 70) and cooling module (14°C).
- 12. Remove comb after gel solidifies, about 30-45 minutes.

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13. Fill in wells of gel with melted and cooled (55-60°C) 1% SKG Agarose (optional). Unscrew and remove end gates from gel form; remove excess agarose from sides and bottom of casting platform with a tissue or kimwipe. Keep gel on casting platform and carefully place gel inside black gel frame in electrophoresis chamber. Close cover of chamber.

B. Loading Restricted Plug Slices into the Wells:

1. Follow steps 1-4 in "Option A" above (**Loading Restricted Plug Slices on the Comb**).

Note: Place the gel form on a leveling table and adjust until perfectly leveled before pouring gel. Position the comb holder so that front part (side with small metal screws) and teeth face the bottom of the gel and the **bottom of the comb is 2mm above the surface of the gel platform**.

- 2. Cool melted SKG agarose in 55-60°C water bath for 15-20 min; carefully pour agarose into gel form (casting stand) fitted with comb. Be sure there are no bubbles.
- 3. Put black gel frame in electrophoresis chamber. Add 2-2.2 L freshly prepared 0.5X TBE. Close cover of unit. The amount of buffer depends on whether residual buffer was left in tubing, or if unit was flushed with water after the last gel was run.
- 4. Turn on power supply, pump calibrated to a flow rate of 1 liter/minute and cooling module (14°C) approximately 30 minutes before gel is to be run.
- 5. Remove restricted plug slices from water bath. Remove enzyme/buffer mixture and add 200 μl 0.5X TBE. Incubate at room temperature for 5 minutes.
- 6. Remove comb after gel solidifies, about 30 45 minutes.
- 7. Remove restricted plug slices from tubes with tapered end of spatula and load into appropriate wells. Gently push plugs to bottom and front of wells with wide end of spatula. Manipulate position with spatula and be sure that are no bubbles.
 - a. Load *Salmonella* serotype Branderup H9812 standards in lanes 1, 5, 10 (10-well gel) or in lanes 1, 5, 10, 15 (15-well gel).
 - b. Load samples in remaining wells.

Note: Loading the plug slices can be tedious; each person has to develop his/her own technique for consistently placing the plug slices in the wells so the lanes will be straight and the bands sharp.

8. Fill in wells of gel with melted 1% SKG Agarose (equilibrated to 55-60°C). Allow to harden for 3-5 min. Unscrew and remove end gates from gel form; remove excess agarose from sides and bottom of casting platform with a tissue or kimwipe. Keep gel on casting platform and carefully place gel inside black gel frame in electrophoresis chamber. Close cover of chamber.

ELECTROPHORESIS CONDITIONS

- 1. Select following conditions for Campylobacter jejuni restricted with SmaI.
 - a. Select following conditions on **Chef Mapper**

Auto Algorithm 50 kb - low MW 400 kb - high MW

Select default values except where noted by pressing "enter"

Change run time to 18 – 19 hours (see note below)

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(Default values: Initial switch time = 6.76 s; Final switch time = 35.38 s)

b. Select following conditions on CHEF-DR III

Initial switch time: 6.8 s Final switch time: 35.4 s

Voltage: 6 V

Included Angle: 120°

Run time: 18 - 19 h (see note below)

c. Select following conditions on CHEF-DR II

Initial A time: 6.8 s Final A time: 35.4 s

Start ratio: 1.0 (if applicable)

Voltage: 200 V

Run time: 19 - 20 h (see note below)

- 2. Select following conditions on Chef Mapper for Campylobacter jejuni restricted with KpnI.
 - a. Select following conditions on Chef Mapper

Auto Algorithm

50 kb - low MW

475 kb - high MW

Select default values except where noted by pressing "enter"

Change run time to 18 – 19 hours (see note below)

Change initial switch time = 5.2 s. Accept default Final switch time = 42.34 s.

b. Select following conditions on CHEF-DR III

Initial switch time = 5.2 sFinal Switch time = 42.3 s

Voltage: 6 V

Included Angle: 120°

Run time: 18 - 19 h (see note below)

c. Select following conditions on CHEF-DR II

Initial A time: 5.2 s Final A time: 42.3 s

Start ratio: 1.0 (if applicable)

Voltage: 200 V

Run time: 19 - 20 h (see note below)

Note: The electrophoresis running times recommended above are based on the equipment and reagents used at the CDC. Run times may be different in your laboratory and will have to be optimized for your gels so that the lowest band in the S. ser. Braenderup H9812 standard migrates 1.0 - 1.5 cm from the bottom of the gel.

Note: Make note of the initial milliamp (mAmp) reading on the instrument. The initial mAmps should be between 110-150 mAmps. A reading outside of this range may indicate that the 0.5X TBE buffer was prepared improperly and the buffer should be remade.

Day 2

STAINING AND DOCUMENTATION OF PFGE AGAROSE GEL

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Note: The following staining procedure describes the use of ethidium bromide to stain PFGE gels. Alternate DNA stains may be used. Please see the "Alternate DNA Stains-Results and Recommendations" posting within the PulseNet Documents forum on the SharePoint site for additional information.

1. When electrophoresis run is over, turn off equipment; remove and stain gel with ethidium bromide by diluting 40 μl of ethidium bromide stock solution (10 mg/ml) with 400 ml of reagent grade water. This volume is for a staining box that is approximately 14 cm x 24 cm; a larger container may require a larger amount of staining solution. Stain gel for 20-30 min in covered container.

Note: Ethidium bromide is toxic and a mutagen. Stock solutions of 10 mg/ml Ethidium Bromide (EtBr) in water are available from several commercial companies (Amresco X328; Bio-Rad, 161-0433; Sigma, E-1510). The diluted solution can be kept in dark bottle and reused 6-8 times before discarding according to your institution's guidelines for hazardous waste. CDC does not recommend disposing of EtBr down the drain. Aqueous solutions containing EtBr can be filtered through charcoal or degraded using activated carbon destaining or "tea" bags from Amresco (E732-25 Destaining Bags) or other companies, which effectively and safely remove EtBr from solutions and gels. Once the EtBr is removed, the treated aqueous solutions can be discarded down the drain. If you have further questions about EtBr please refer to the Material Safety Data Sheets (MSDS) provided by the vendor or manufacturer.

Note: Currently, the only acceptable alternative stain options are GelRedTM (Biotium, 31010), SYBR® Safe (Invitrogen, S-33102) and SYBR® Gold (Invitrogen, S-11494). Labs are strongly encouraged to follow manufacturer's instructions and test stains in their labs before adopting them for routine use. If one of the alternative stains is used, the destaining steps should be omitted.

- 2. Destain gel in approximately 500 ml CLRW for 60-90 min, changing water every 20 minutes. Capture image on Gel Doc 1000, 2000, EQ, XR, or equivalent documentation system. If background interferes with resolution, destain for an additional 30-60 min.
- 3. Follow directions given with the imaging equipment to save gel image as an *.1sc file; convert this file to *.tif file for analysis with BioNumerics software program. The gel image should fill the entire window of the imaging equipment (computer) screen (without cutting off wells or lower bands). Ensure that the image is in focus and that there is little to no saturation (over-exposure) in the bands (signified by red pixilation in the QuantityOne or ImageLab software). Additional instructions are provided in PNL07 of the PulseNet QA/QC manual.
- 4. Drain buffer from electrophoresis chamber and discard. Rinse chamber with 2 L CLRW or, if unit is not going to be used for several days, flush lines with water by letting pump run for 5-10 min **before** draining water from chamber and tubing.
- 5. If the lowest band in the H9812 standard does not migrate within 1-1.5 cm of the bottom of the gel, the proper run time will need to be determined empirically for the conditions in each laboratory.

Note: The following options are available if PFGE results do not have to be available within 24 hours:

- Plugs can be lysed for longer periods of time (up to 2 hours).
- The washing steps with TE to remove the lysis buffer from the PFGE plugs can be done for longer periods of time (15-30 min) and at lower temperatures (37°C or room temperature). They can be started on Day 1 and finished the morning of Day 2 after overnight refrigeration of the plugs in TE.

Use of trade names and commercial sources is for identification purposes only and does not imply endorsement by CDC or the U.S. Department of Health and Human Services.

NOTE: CLIA LABORATORY PROCEDURE MANUAL REQUIREMENTS

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Efforts have been made to assure that the procedures described in this protocol have been written in accordance with the 1988 Clinical Laboratory Improvement Amendments (CLIA) requirements for a procedure manual (42 CFR 493.1211). However, due to the format required for training, the procedures will require some modifications and additions to customize them for your particular laboratory operation.

Any questions regarding the CLIA requirements for a procedure manual, quality control, quality assurance, etc., should be directed to the agency or accreditation organization responsible for performing your laboratory's CLIA inspection. In addition, some states and accreditation organizations may have more stringent requirements that will need to be addressed.

Formulas of Selected Reagents used in PulseNet Standardized Laboratory Protocol for PFGE

Tris:EDTA Buffer, pH 8.0 (TE, 10 mM Tris:1 mM EDTA, pH 8.0)

10 ml of 1 M Tris, pH 8.0

2 ml of 0.5 M EDTA, pH 8.0

Dilute to 1000 ml with sterile Ultrapure water (CLRW)

Cell Lysis Buffer (50 mM Tris:50 mM EDTA, pH 8.0 + 1% Sarcosine + 0.1 mg/ml Proteinase K)

25 ml (50 ml) of 1 M Tris, pH 8.0

50 ml (100 ml) of 0.5 M EDTA, pH 8.0

50 ml (100 ml) 10% N-Lauroylsarcosine, Sodium salt (Sarcosyl)

OR

5 g (10 g) of N-Lauroylsarcosine, Sodium salt (Sarcosyl)⁴

Dilute to 500 ml (1000 ml) with Sterile Ultrapure water (CLRW)

Add $25 \mu l$ Proteinase K stock solution (20 mg/ml) per 5 ml of cell lysis buffer just before use for a final concentration in the lysis buffer of 0.1 mg/ml Proteinase K.

5. FLOW CHART:

6. BIBLIOGRAPHY:

7. CONTACTS:

8. AMENDMENTS:

- 8.1 The phrase "Type I Water" has been changed to "Ultrapure Clinical Laboratory Reagent Water (CLRW)." The water composition is the same, but this reflects a change in the terminology used by the Clinical Laboratory Standards Institute (CLSI).
- 8.2 2011-08 changes:
 - The wording for programming electrophoresis conditions was updated to standardize this section and make it the same as other PFGE laboratory SOPs.
 - The wording for washing the agarose plugs after cell lysis was also updated to standardize the section.
- 8.3 2013-03 changes:
 - Corrected formula for TE buffer. TE used at CDC is 10 mM for Tris and 1 mM for EDTA.
 - Recommended disinfectant changed from 10% bleach to 1% Lysol/Amphyll or 90% ethanol.
 - Volume of TE needed for washing plugs was correted from 300 350 ml to 400 600 ml.
 - A statement was added to clarify that using combs with small teeth (5.5 mm) was not advised.
 - Use of pre-restriction step and BSA was changed from optional to highly recommended. Calculation for including BSA in restriction enzyme master mix was added.

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⁴If Sarcosyl powder is added directly to the other components of this reagent, warm the solution to 50- 60°C for 30-60 minutes, or leave at room temperature for ≈2 hours to completely dissolve the Sarcosyl; adjust to the final volume with sterile Ultrapure water (CLRW).

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- Statement allowing of Megbase agarose (BioRad) was deleted. Additional testing revealed run time and normalization were negatively impacted by this agarose.
- A statement was included to allow the use of alternative DNA stains that are equivalent to EtBr. Labs
 are strongly urged to follow manufacturer's instructions as well as test stains in their own labs to gain
 experience using alternative agarose stains. Additional stain alternatives may be tested and deemed
 acceptable at a later date.
- The option to allow incubation times for restriction digestion to be increased longer than recommended was deleted.



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